

DANCE

DANCE 1 Dance Appreciation

Examines 20th Century dance in multiple cultural, artistic, historical and performance contexts, using lectures, video, demonstration, viewing live performances and exploration of selected dance styles. This course meets the Cabrillo College multicultural studies requirement.

Transfer Credit: Transfers to CSU;UC

Section	Days	Times	Units	Instructor	Room
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98262	Arr.	Arr.	3.00	C.Pearlman	OL
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Section 98262 is an ONLINE course. For details, see instructors web page at go.cabrillo.edu/online.

98263	MW	12:40PM-2:00PM	3.00	D.King	VAPA1001
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DANCE 2A Introduction to Dance I

Introduces basic dance techniques, dance vocabulary, and elements of expressive style while promoting ease and confidence in movement. Repeatability: May be taken 1 times; thereafter, may be audited.

Transfer Credit: Transfers to CSU;UC

Section	Days	Times	Units	Instructor	Room
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98301	TTH	3:00PM-4:20PM	1.50	R.Martyn	1117
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DANCE 3AP Dance Conditioning/Pilates I

Presents instruction in the six principles of Pilates mat work with an emphasis on body/mind awareness, increased strength, flexibility, and efficient movement function leading to higher level performance in dance techniques and movement skills.

Transfer Credit: CSU; UC, WITH LIMITS: Any or all KIN activity courses combined: maximum credit-4 units. DANCE 3AP is considered a KIN activity course.

Section	Days	Times	Units	Instructor	Room
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98302	TTH	11:00AM-12:20PM	1.50	S.Spencer	1117
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DANCE 3BP Dance Conditioning/Pilates II

Continues instruction in the six principles of Pilates mat work with an emphasis on body/mind awareness, increased strength, flexibility, and efficient movement function leading to higher level performance in all dance techniques and movement skills. Prerequisite: DANCE 3AP or equivalent skills.

Transfer Credit: CSU; UC, WITH LIMITS: Any or all KIN activity courses combined: maximum credit-4 units. DANCE 3BP is considered a KIN activity course.

Section	Days	Times	Units	Instructor	Room
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98303	TTH	11:00AM-12:20PM	1.50	S.Spencer	1117
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DANCE 3CP Dance Conditioning/Pilates III

Teaches performance of the six principles of Pilates work with an emphasis on sequences increasing strength, flexibility, and efficient movement function leading to higher level performance in all dance techniques and movement skills. Prerequisite: DANCE 3BP or equivalent skills.

Transfer Credit: CSU; UC, WITH LIMITS: Any or all KIN activity courses combined: maximum credit-4 units. DANCE 3CP is considered a KIN activity course.

Section	Days	Times	Units	Instructor	Room
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98304	TTH	11:00AM-12:20PM	1.50	S.Spencer	1117
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DANCE 4 Contemporary Modern Dance I

Introduces the foundations of current physical and expressive beginning dance techniques by focusing on basic skills, musicality, and the art of dance.

Recommended Preparation: DANCE 2A. Repeatability: This course may be taken no more than four times, including in any combination with the following course(s): DANCE 4, 5, 64.

Transfer Credit: Transfers to CSU;UC

Section	Days	Times	Units	Instructor	Room
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98305	MW	12:40PM-2:00PM	1.50	C.Funsch	1117
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DANCE 5 Contemporary Modern Dance II

Teaches intermediate contemporary modern dance technique, develops personal expression and musicality, improves alignment, body awareness, and conditioning while performing longer and more challenging movement combinations to live music. Recommended Preparation: DANCE 4. Repeatability: This course may be taken no more than four times, including in any combination with the following course(s): DANCE 4, 5, 64.

Transfer Credit: Transfers to CSU;UC

Section	Days	Times	Units	Instructor	Room
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98306	MW	12:40PM-2:45PM	2.00	C.Funsch	1117
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**SCHEDULE OF CLASSES
FALL 2017**

DANCE 7 Ballet I

Introduces basic techniques and principles of ballet through barre, center floor work, across-the-floor combinations while acquainting the student with the aesthetics, history and tradition of classical ballet. Recommended Preparation: DANCE 2A. Repeatability: This course may be taken no more than four times, including in any combination with the following course(s): DANCE 7, 8, 76, 78.

Transfer Credit: Transfers to CSU;UC

Section	Days	Times	Units	Instructor	Room
98308	TTH	8:00AM-9:20AM	1.50	S.Took-Zozaya	1117

DANCE 8 Ballet II

Presents intermediate level techniques and principles of ballet through barre, center floor work and across-the-floor combinations while exploring in more depth the aesthetics, history and tradition of the classical ballet. Recommended Preparation: DANCE 7. Repeatability: This course may be taken no more than four times, including in any combination with the following course(s): DANCE 7, 8, 76, 78.

Transfer Credit: Transfers to CSU;UC

Section	Days	Times	Units	Instructor	Room
98313	TTH	8:00AM-10:05AM	2.00	S.Took-Zozaya	1117

DANCE 11A Dance Improvisation I

Provides a supportive and playful group environment for students of any level to explore personal and expressive movement, the creative process, and improvisation techniques.

Transfer Credit: Transfers to CSU;UC

Section	Days	Times	Units	Instructor	Room
98264	TTH	12:40PM-2:45PM	2.00	D.King	1117

DANCE 11B Dance Improvisation II

Continues the study of improvisational skills and techniques from DANCE 11A while introducing aspects of performance and group synergy to find relationships between imagination, movement, and dancemaking. Prerequisite: DANCE 11A or equivalent skills.

Transfer Credit: Transfers to CSU;UC

Section	Days	Times	Units	Instructor	Room
98265	TTH	12:40PM-2:45PM	2.00	D.King	1117

DANCE 13 Repertory Dance

Presents the rehearsal processes and performance styles of faculty and guest artists, culminating in a fully produced dance concert. Repeatability: This course may be taken no more than four times, including in any combination with the following course(s): DANCE 13, 14A, 53, 92, 57, 67.

Transfer Credit: Transfers to CSU;UC

Section	Days	Times	Units	Instructor	Room
98271	M	3:15PM-4:05PM	1.00	C.Pearlman	1117
&	W	3:15PM-4:20PM		C.Pearlman	1117
98269	MW	3:15PM-5:20PM	2.00	C.Pearlman	1117
98270	MW	3:15PM-6:15PM	3.00	D.King	1117

DANCE 15A Salsa Dance I

Introduces the Salsa Dance genre and its social importance for the student with little or no experience in the form. Recommended Preparation: DANCE 2A. May be taken 1 time; thereafter, may be audited.

Transfer Credit: Transfers to CSU;UC

Section	Days	Times	Units	Instructor	Room
98277	TH	3:45PM-5:50PM	1.00	A.Farhood	WatA130

98276	TH	3:45PM-6:50PM	1.50	A.Farhood	WatA130
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DANCE 15B Salsa Dance II

Continues the study of physical and expressive techniques from DANCE 15A with emphasis placed on performing more complex Salsa Dance figures. Prerequisite: DANCE 15A. May be taken 1 time; thereafter, may be audited.

Transfer Credit: Transfers to CSU;UC

Section	Days	Times	Units	Instructor	Room
98284	TH	3:45PM-5:50PM	1.00	A.Farhood	WatA130

98283	TH	3:45PM-6:50PM	1.50	A.Farhood	WatA130
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DANCE 17A Latin Dance I

Introduces fundamentals of Latin Dance techniques, merengue, salsa, cha cha, and bachata, to students with little or no dance experience. Recommended Preparation: DANCE 2A. May be taken 1 time; thereafter, may be audited.

Transfer Credit: Transfers to CSU;UC

Section	Days	Times	Units	Instructor	Room
98288	T	6:30PM-8:35PM	1.00	H.Jackson-Jones	1117

DANCE 17B Latin Dance II

Continues the study of Latin Dance from DANCE 17A, introducing the Rumba and Samba, and beginning the focus on Latin forms for performance and competition. Prerequisite: DANCE 17A or equivalent skills. May be taken 1 time; thereafter may be audited.

Transfer Credit: Transfers to CSU;UC

Section	Days	Times	Units	Instructor	Room
98289	T	6:30PM-8:35PM	1.00	H.Jackson-Jones	1117

DANCE 17C Latin Dance III

Continues the study of Latin Dance from DANCE 17B, introducing the Mambo and Cumbia forms with focus skill building for competition and advanced level performance. Prerequisite: DANCE 17B or equivalent skills. May be taken 1 time; thereafter may be audited.

Transfer Credit: Transfers to CSU;UC

Section	Days	Times	Units	Instructor	Room
98290	T	6:30PM-8:35PM	1.00	H.Jackson-Jones	1117

**SCHEDULE OF CLASSES
FALL 2017**

DANCE 19A Hip Hop Dance I

Introduces the foundation of current physical and expressive Hip Hop Dance techniques to the student with little or no experience in the form by focusing on basic skills, musicality and the different Hip Hop Dance genres. Recommended Preparation: DANCE 2A. May be taken 1 time; thereafter, may be audited. Transfer Credit: Transfers to CSU;UC

Section	Days	Times	Units	Instructor	Room
98291	MW	11:00AM-12:20PM	1.50	S.Hsu	1117

DANCE 19B Hip Hop Dance II

Continues the exploration of foundational techniques in Hip Hop Dance from DANCE 19A with increasing emphasis on the use of correct form and safe performance for personal expression. Prerequisite: DANCE 19A or equivalent skills. May be taken 1 time; thereafter may be audited. Transfer Credit: Transfers to CSU;UC

Section	Days	Times	Units	Instructor	Room
98294	MW	11:00AM-12:20PM	1.50	S.Hsu	1117

DANCE 19C Hip Hop Dance III

Continues the study of Hip Hop Dance techniques from DANCE 19B synthesizing Hip Hop Dance techniques with personal expression and musicality, encouraging the student to find a personal connection to the dance form. Prerequisite: DANCE 19B or equivalent skills. May be taken 1 time; thereafter, may be audited. Transfer Credit: Transfers to CSU;UC

Section	Days	Times	Units	Instructor	Room
98296	MW	11:00AM-12:20PM	1.50	S.Hsu	1117

DANCE 79 Creative Careers-Discovering Self-Directed Pathways

Investigates creative career opportunities in all visual, applied, and performing arts disciplines, with a focus on unique, self-directed, non-traditional, and entrepreneurial pathways and the academic and life choices necessary to realize such opportunities. AH 79, ART 79, AP 79, DANCE 79, DM 79, MUS 79, and TA 79 are cross listed courses. Students may enroll in only one course for credit. Transfer Credit: Transfers to CSU

Section	Days	Times	Units	Instructor	Room
99389	M	6:30PM-9:35PM	3.00	King/Murray/Thorson	VAPA1001
&	Arr.	Arr.		King/Murray/Thorson	OL

Section 99389 is a HYBRID course. Meets weekly at the scheduled times with 50 mins per week online lab. For details, see instructor's web page at go.cabrillo.edu/online.

DANCE 82A Body Mind Techniques: Applied Somatics I

Provides students of any experience level an introductory survey of somatic modalities, increasing body awareness and wellness through an exploration of movement and dance as a creative, performance, and healing art. Transfer Credit: Transfers to CSU;UC

Section	Days	Times	Units	Instructor	Room
98314	MW	9:30AM-10:50AM	1.50	R.Van Dessel	1117

98316 TTH 1:30PM-2:50PM 2.00 Staff WatA130
& TTH 1:30PM-2:50PM Staff WatA130
Meets 12 weeks 9/19-10/26 and 11/7-12/14. Students must be enrolled in the Academy for College Excellence (ACE). For information regarding the Academy for College Excellence, see Digital Management Career Preparation in the Schedule of Classes or call (831) 477-3340.

98315 TTH 9:00AM-10:20AM 2.00 R.Van Dessel 513
Meets 12 weeks 9/19-10/26 and 11/7-12/14 Students must be enrolled in the Academy for College Excellence (ACE). For information regarding the Academy for College Excellence, see Digital Management Career Preparation in the Schedule of Classes or call (831) 477-3340.

DANCE 82B Body Mind Techniques: Applied Somatics II

Continues a survey of somatic modalities, increasing body awareness and wellness through an exploration of movement and dance as a creative, performance, and healing art. Recommended Preparation: DANCE 82A or equivalent skills. Eligibility for ENGL 100 and READ 100. Transfer Credit: Transfers to CSU;UC

Section	Days	Times	Units	Instructor	Room
98318	MW	9:30AM-10:50AM	1.50	R.Van Dessel	1117